# Saint Katharine Drexel Chapel

## Perpetual Eucharistic Adoration



# **Handbook**

Saint Stanislaus Parish 51 Lansdale Avenue Lansdale, PA

Front Cover Photo Saint Katharine Drexel Chapel Edward Kunze

# "Come to me, all you who labor and are burdened, and I will give you rest."

(Mt 11:28)

Important information for your particular hour of adoration is attached. This card is small enough to keep in your purse and/or wallet. We pray that you will find it useful.

God bless!



### Magnificat for St. Stanislaus

People of St. Stanislaus magnify the Lord

And rejoice in God your benefactor.

For He has regarded your longing for Him

And given you the awesome gift of

Perpetual Eucharistic Adoration.

For you can come worship and adore

The Lord truly present in the

Adoration Chapel 24/7.

For He who is mighty has done great things for you

And Holy is His name.

The gift is for all who hear His call to "Come".

He fills the anxious with His peace

But the "too busy" are denied this gift.

He has done this wonderful thing for you

Being mindful of His mercy

As He manifests Himself

To those who come to spend time with Him.

Amen.

Written for St. Stanislaus Adorers by Catherine Janus, our first Lead Coordinator 2003–2006.

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## **Emergency Chapel Closings**

### Chapel Closings

- During the Parish Forty Hours Devotions, the Blessed Sacrament is exposed in the Church from Sunday after the last Mass and returned to the chapel on Tuesday evening. These devotions generally occur in November.
- In Holy Week during the Triduum, from Holy Thursday evening until after the last Mass on Easter Sunday. During this time, the Blessed Sacrament is in repose in the Church.
- In emergency snow storms and/or inclement weather: Appropriate notification will be made by telephone to all adorers involved in the hours of closure. Notice of closure will be posted on chapel door.

**Monsignor Joseph Tracy**, our pastor, is the Intermediary Administrator for our Chapel. The Lead Coordinator will contact Monsignor when she feels a closing is forthcoming. The Blessed Sacrament is placed in repose in the Church tabernacle.

Come, let us adore Him!

## Life of Saint Katharine Drexel

(Patron Saint of our Chapel)

Born in Philadelphia, Pennsylvania, on 26 November 1858, Katharine was the second daughter of Francis Anthony Drexel, a wealthy banker, and his wife, Hannah Jane. The latter died a month after Katharine's birth, and two years later her father married Emma Bouvier, who was a devoted mother, not only to her own daughter, Louisa (born 1862), but also to her two step-daughters. Both parents taught the children by word and example a lesson that would characterize their lives: that their wealth was simply loaned to them and was to be shared with others.

Katharine was educated privately at home; she traveled widely in the united States and in Europe. Early in life she became aware of the plight of the Americans when she inherited a vast fortune from her father and step-mother. She resolved to devote her wealth to helping these disadvantaged people. In 1885 she established her first of many schools for Native and Black Americans, this one at Santa Fe, New Mexico.

Later, during an audience with Pope Leo XIII, she asked him to recommend a religious congregation to staff the institutions which she was financing. The Pope suggested that she herself become a missionary. In 1889 she began her formation in religious life with the Sisters of Mercy in Pittsburgh.

In 1891, with a few companions, Mother Katharine founded *the Sisters of the Blessed Sacrament for Indians and Colored People*. The title of the community summed up the two great driving forces in her life—devotion to the Blessed Sacrament and love for the most overlooked people in her country.

Requests for help reached Mother Katharine from various parts of the United States. During her lifetime, approximately 60 schools were opened by her congregation. The most famous was founded in 1915, at Xavier University, New Orleans, the first institution of higher learning for Black people in the United States.

In 1935 Mother Katharine suffered a heart attack, and in 1937 she relinquished the office of superior general. Though gradually becoming more infirm, she was able to devote her last years to Eucharistic adoration, her life's desire. She died at the age of 96 at Cornwell Heights, Pennsylvania, on 3 March 1955. Her cause for beatification was introduced in 1966; she was declared Venerable 26 January 1987, blessed on 20 November 1988, and a saint of the Church on 1 October 2000.

Because of Katharine Drexel's devotion, love, and evangelical energy arising from a Eucharistic-centered life, our Adoration Chapel is under the patronage of this American Saint.

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## Introduction

Dear Friends,

Thank you for sacrificing your precious time to spend an hour with our Lord in the Blessed Sacrament. It is my prayer that your time in the St. Katharine Drexel Adoration Chapel at St. Stanislaus Parish will be the most valuable of the entire week for you. I consider the ministry of perpetual adoration a great blessing for our parish, and it is a huge comfort to me to know that someone is always praying in and for the parish and her people. It is a true blessing to have the freedom to worship the Lord in the sacrament of His body and blood whenever God calls us, or when we feel the need for it.

This Manual is intended to be a guide for the "core group" of adorers who ensure that perpetual adoration is possible. Without your faithful presence week after week, the parish would be unable to sustain around-the-clock adoration. To assist us keep the chapel in an orderly fashion, this pamphlet has been lovingly prepared with the intention of providing information to make the perpetual adoration ministry fruitful for all.

It is critical to keep always in mind that the chapel is, first and foremost, a place of prayer: for ourselves, for our families, friends, neighbors, parish, our country, our world. We can take all of our thoughts and feeling and turn them into a onesentence prayer - "for genuine change, move me O God." Pay attention to the verbs you use in your prayer, since they activate the conversation between you and God. Usually they are the "what we want" part of prayer: move, show help, hear, give. Or perhaps you were tempted today *not* to care. Pray about it.

Prayer isn't always about petitioning God for our needs, but for other things as well:

- Prayers of thanksgiving.
- Prayers too deep for words.
- Prayers that voice our fears, praise, hurts, anger and joy.
- Prayers of repetition.
- Prayers in times of suffering.
- Prayers from the Scriptures (especially the psalms and gospels).
- Prayers for the Church praying the Liturgy of the Hours (It's not just for clerics and those in the consecrated life!)

Sometimes a book or pamphlet is helpful to get prayer started, but the chapel is not a library. Worship the Lord truly present, pray, praise Jesus, adore Jesus, love Jesus and ask him to do the same for all of us at St. Stanislaus.

With gratitude for your faithfulness,

Thege Jacque Tracy

Monsignor Joseph Tracy

Pastor, Saint Stanislaus Parish

## Spiritual Benefits

- Increased Mass attendance and Confession.
- Increase in priestly and religious vocations.
- The return of fallen-away Catholics and conversions to the
- Heightened spirituality. "Personal sanctification and the sanctification of all Catholic action." (Pope Pius XIII).
- Marriages restored.
- Greater unity.
- Inner peace.
- A friendship in prayer with one another

### Security

- Bright lighting (Chapel, Vestibule, Entrance, Parking lot).
- Committed Angels watching over all.
- An Emergency Phone on the window sill. This phone can be used only for Emergency 911 calls.

#### Restroom Facilities

When the parish center is open, there is a restroom located on the 3<sup>rd</sup> level, at the top of the stairway, on the left-hand side.

When Church is open, we have access to the restroom at the Main St. entrance. These restrooms can be used provided someone is left in the Chapel during your absence, if you are a committed adorer.

Do not leave the Blessed Sacrament unattended!

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## **Guidelines for Chapel Conduct**

### Respect for Our Lord is displayed in the following manner:

- Genuflection upon entering the presence of the Lord.
- Be mindful of proper respectful attire.
- Silence is **GOLDEN**, please maintain an austere reverence in the presence of Our Lord.
- If you need to talk to someone in the chapel, leave the chapel and hold your conversation outside.
- No spontaneous, unscheduled events or sermonizing is allowed. Adoration is a peaceful, private time for each adorer.
- Please refrain from eating or drinking in the chapel. This includes chewing gum or candy.
- No radios, No CD or tape players. Remember to keep cellular phones on 'vibrate' while in the Chapel.
- In deference to those with allergies, please do not bring any flowers to the Chapel or vestibule.
- Our Pastor, Monsignor Joseph Tracy, wishes to stress Canon Law and other Liturgical directives which state "No one may touch the Monstrance".

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# Welcome

to Saint Katharine Drexel Chapel at Saint Stanislaus Parish

The following is general information that you may find useful. As we are informed about anything pertinent to Perpetual Adoration, we will pass the information on to you. Check the Bulletin Board in the vestibule of the Adoration Chapel.

### **Keeping Your Hour**

It is important to the success of Perpetual Adoration that you keep your scheduled time to adore or find a substitute. Adorers are asked to arrive 5-10 minutes before the hour so that at no time will Our Lord be left alone. Each adorer is asked to wait until the adorer for the next hour arrives.

#### Sign in/Sign-out

Committed Adorers are asked to please sign in when entering the chapel, with your name and time of arrival. As you are leaving, please mark down the time in the appropriate place. You will find the Register Book on the credenza in the vestibule. This enables the Hourly Captain, who periodically checks the attendance of their hour, assurance that the Blessed Sacrament is not left unattended!

- If you cannot make your assigned hour, you should first call your Prayer Partner, the person who is scheduled at the same hour. If your Prayer Partner will be present, this is all you need to do.
- We have included business-type cards for all new members with important numbers to call in an emergency. Be assured that someone can be available in your emergency. <u>Just call</u>.

Do not leave messages on answering machines.

## **Prayer for Priestly Vocations**

Jesus, Good Shepherd, you said: "The harvest indeed is great but the laborers are few." We lovingly accept your invitation: "Pray the Heavenly Father to send forth laborers into his harvest." Inspire in our Archdiocese a crusade for vocations. Grant us more priests! May they be the salt of the earth, the light of the world, the city placed on the mountaintop for the salvation of mankind redeemed by Your Blood. Look on us, Jesus, and our need for more priests. Help those you are calling to hear Your voice and to respond generously to Your call. Mary, perfect disciple of Jesus, Mother and guardian of vocations, pray for us and pray for all those young men called by God to be priests in our Archdiocese of Philadelphia. Amen.

## In Need of a Substitute?

**Please Note:** Substitutes must be at least 18 years old with an awareness of and faithful desire to worship the Blessed Sacrament. Younger than 18 are welcome accompanied by an adult.

When the Parish Center and/or Church are closed, we have NO access to these buildings. Each adorer should be alert to our proper conduct rules and know at all times that

## Jesus must never be left alone!

- If you have another person who adores with you during your time slot, you do not need to arrange for a substitute. However, please phone your Prayer Partner to notify him/her that you will be absent.
- New Members: Please refer to the small card mailed to you in the Chapel Handbook. The contact numbers on this card are specifically for your hour of adoration.
- Your first call should be to your **Captain**.
- If you cannot speak with your Captain, please call the **Division Leader** for your hour.
- <u>Call a Substitute</u>: Updated lists of Subs can be found in the back of the Sign-in Book in the vestibule of the Chapel.
- When all else fails, please call our Lead Coordinator, Susan Gillen @ 215 362 8643.

- If there is no other person scheduled for your hour, call the Hourly Captain. Captains have a list of substitutes to call upon. If you know of someone willing to substitute for you, call that person.
- If you know in advance that you cannot be there during your regular scheduled hour due to vacation or other prearranged absences, call your Hourly Captain and notify him/her when you will be away. If your Captain cannot be reached, call your Division Leader.

### Materials to Assist Your Prayer

We have a supply of books and pamphlets to assist you in your holy hour. Please return these to the bookcase so others may use them. Please do not add any books or religious articles in the vestibule unless they are first approved by the Pastor, Monsignor Joseph Tracy.

Most people will want to adore Our Lord in their own way. Some prefer to pray the Rosary, (pamphlets are provided in the vestibule for this purpose), read your Bible or other spiritual books, or just be at peace in the presence of the Lord. Talk with Jesus as you would your best friend. Initially an hour may seem long, but soon it will not seem long enough!

If someone arrives during your hour who is not a regular adorer, do not assume that they will be staying for the whole hour. They may just be dropping in for a visit. Please do not leave before your scheduled hour is completed, and the regular adorer has come to relieve you.

There is no more important person who walked this earth than Jesus. What a privilege to have Him in our midst! Jesus, truly present in the Holy Eucharist, veils Himself in a simple piece of bread. Imagine if we were to walk into the Chapel and see Him as He truly is ... IN ALL HIS GLORY. May our adoration at St. Stanislaus Parish never cease!

## Chapel Staff

### Lead Coordinator

Susan Gillen 215 362 8643

### Division Leaders (4)

12 midnight – 6am: Kevin McGilloway 215 997 2857

6am – 12 noon: Paula Malley 215 362 8643

<u>12 noon – 6pm:</u> Ceil McMonagle 215 361 3393

<u>6pm – 12 midnight:</u> Bob Nuss 215 378 2510

The Division Leader oversees the operations in a six-hour period of day as shown above. All problems should be brought to the attention of the Hourly Captain, then to the Division Leader. The Lead Coordinator will be notified when necessary.

### Prayer Teams/Hour Captains (24)

A "*Prayer Team*" is made up of those adorers who are scheduled to make their holy hour the same hour of the day, so that this specific hour is covered throughout the entire week by at least one member of the team. The prayer team is comprised of all those adorers who have the same hour throughout the entire week. Thus, for example, all the adorers who have the hour 1 a.m. -2 a.m. Sunday through Saturday form a Prayer Team.

"Hourly Captains" provide support to all committed adorers within a certain hour, e.g. 1am–2am during the entire week. Your Captain checks the Register Book occasionally, thereby making sure that their Hour is adequately attended with the Committed Adorer(s). Hour Captains are also encouraged to attend Quarterly Meetings for the advancement of Perpetual Eucharistic Adoration.

### **Schedules**

The Sign-in Book is on the credenza in the vestibule of the chapel. In the back of this book, we keep the records of our

- Spreadsheet
- Daily Schedules
- Hourly Schedules
- Substitute List

Information can be found, in an emergency, on the Bulletin Board in the vestibule of Chapel

- <u>Division Leaders</u>: Names and phone numbers.
- <u>Captains</u>. Names and phone numbers.
- <u>Hours Needing Help</u>: Updated frequently.

### Cleaning

<u>Note:</u> Cleaning of the chapel and changing candles are cared for by chapel personnel. Please consult with the Lead Coordinator if problems arise.

Please DO NOT change anything if you have not been asked.